Delta Parents:

Congratulations on your student's admission into this amazing program. As the school nurse, I oversee health conditions, medication administration, and immunization compliance. Please read over this document very carefully. Incomplete health information and immunization records could result in a delay in your student starting school in the Fall.

Required Documents before starting school:

- 1. Health History form (more information may be required depending on health history).
- 2. Current and up to date immunization record or exemption form (<u>I will contact you if I am unable to locate this information</u>).

Health conditions:

Please fill out the health history form. If there is a health condition that may affect your student's success at school, please let us know on the form. **LIFE THREATENING CONDITION** students need a plan in place and emergency medicine, if necessary, before attending school. If you have indicated that your student has a **LIFE THREATENING CONDITION**, I will be contacting you and sending out further information to be signed by your health care provider (this info will need to be renewed yearly before school starts).

Medications:

Per school policy, any medication (even over the counter medication) needs to have authorization from a medical provider. If daily medications can be administered before school or after school that would be best. If the medication needs to be administered at school by the student or by the nurse, we do need to have a medication form on file for the year. This form will need to be renewed each year the student needs the medication at school. There is a medication form specifically for asthma and one form for all other medications, including over-the-counter medication. Each medication needs its own form.

Student self-administration of medication is allowed if you and the doctor agree (and the doctor checks the box on the medication form) that the student is responsible enough to self-administer. Controlled substances like ADHD or anxiety medications are not allowed for self-administration and must be kept locked in the nurse's office or best administered at home if possible. Common self-administration meds are epi-pens, inhalers, ibuprofen, and/or Tylenol. These can also be administered by the nurse if you would like or if you would like the student to self-carry and have back-up medication in the nurse's office that would also be acceptable (with doctor's permission to self-administer).

If you are getting medication orders together earlier than the end of this school year, please have the doctor specify that the order is for the 2022/2023 school year.

Immunizations: **See Washington School Immunization Law Below

I am very invested in the health and safety of the Delta students and look forward to an amazing year with your child!

Kelli Burns Mitchell, ARNP Kmitchell@PSD1.org Delta High School Nurse

* Paperwork needs to be turned in by June 1st.

^{**}Washington School Immunization Law (RCW 28.A.31.118) requires that the parent must certify with dates that the student is properly immunized or sign a personal or religious exemption that is also signed by a Healthcare provider. If an exemption is signed and a disease outbreak for which your child is exempted occurs, the child will be excluded from school for the duration of the outbreak as determined by the Health Department.